



Men's Process Group

The purpose of this voluntary, ongoing, weekly group, is for men to have a safe place to explore the nature and process, of their relational difficulties. Traditional "Masculine Myths", which may keep men stuck in unhealthy roles, will also be explored. For men dealing with relationship conflicts; work & money issues; anxiety, depression & loneliness; anger & grief; recovery from addictions; life transitions. Time in the group will be open ended, and members remain in the group until they meet the goals they set for themselves. Up to 8 men.

Facilitated by: David Ward, LCSW, LADC

Time: Thursday evenings 7:00- 9:00 p.m.

Place: 261 Main Street, Yarmouth, Maine

Fee: \$45 per session

(Some insurance accepted. All prospective group members will be interviewed to ensure best fit between individual and group needs).

**For more information, call David at, 207-846-3422, or go to
www.davidwardlcsw.com**



David Ward, LCSW, LADC, is a Licensed Clinical Social Worker and a Licensed Alcohol and Drug Counselor in private practice, who has been helping people change and grow for more than ten years. He has a Master's Degree from the Boston University School of Social Work, specializing in clinical group work. He is a member of the National Association of Social Workers, and a member of the American Group Psychotherapy Association, as well as attended trainings at the Northeastern Society for Group Psychotherapy. David uses compassion and humor in helping people make healthy changes.