



# Men's Support Group

**The purpose of this voluntary, ongoing weekly group, is for men to have a safe place of support to discuss issues relevant to being male today. We will look at traditional “masculine myths” that many men grew up with, that may keep us stuck in unhealthy patterns.**

**Topics to be discussed, but not limited to are: being fathers/husbands/partners, relationships with our fathers, wives/partners, male anger & grief, recovery from addictions, adult children of alcoholic issues, marriage and divorce, health issues, death, sex, work, money, and spirituality. This group will be a safe space for men to offer and receive, mutual support. Time in the group will be open ended, and men remain until they meet the goals they set for themselves. Limited to 6 men.**

**Tuesdays 6:00 – 8:00 P.M.**

**Facilitated by DAVID WARD, LCSW, LADC**

**David Ward, LCSW, LADC, is a licensed clinical social worker, and alcohol & drug counselor, in private practice in Yarmouth, Maine. David has been working with men for the past ten years, and creates a safe, compassionate space for growth, healing, and laughter.**

**For more information, call David at:  
(207) 846-3422 for an initial interview.**

**This group will meet weekly at  
261 Main Street, in Yarmouth.**

**Cost: \$45/session. Some insurance accepted.**